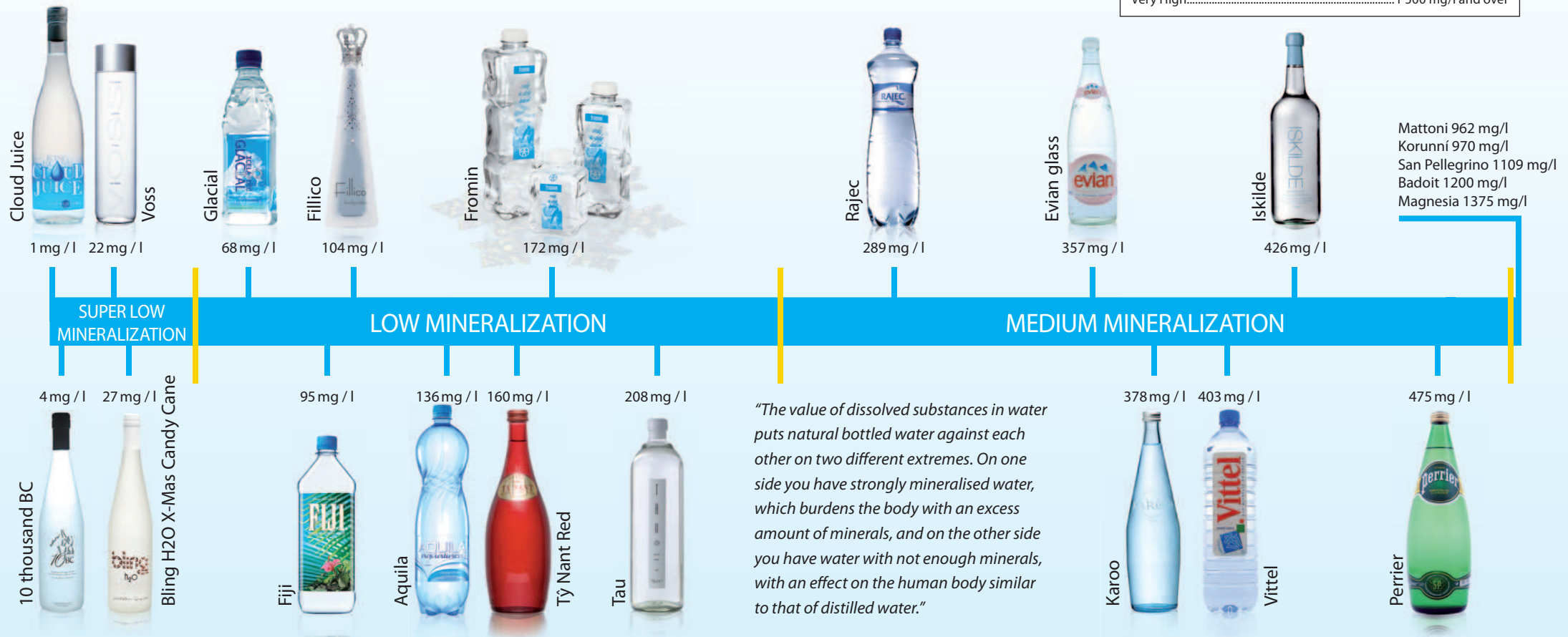


# Mineralization of certain brand water

Total mineralization is the sum of dissolved substances in the given quantity of water. It is the only objective evaluation of its concentration and the result corresponds with the actual composition of the respective water.

Each natural water is mineralised; however, an excess, absent or wrong balance of substances contained has a damaging effect on the human body upon daily consumption.

Categories of the water mineralization (by TDS)	
Super Low	0–50 mg/l
Low	50–250 mg/l
Medium	250–800 mg/l
High	800–1 500 mg/l
Very High	1 500 mg/l and over



*“The value of dissolved substances in water puts natural bottled water against each other on two different extremes. On one side you have strongly mineralised water, which burdens the body with an excess amount of minerals, and on the other side you have water with not enough minerals, with an effect on the human body similar to that of distilled water.”*